



# She's the perfect advertisement! Amanda Holden shows off her trim legs in summery shorts as she attends fitness studio launch

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She wore an impressive selection of dresses every day last week during the semi-finals of Britain's Got Talent.

But it seems Amanda Holden has more tricks up her sleeve when it comes to fashion which she showcased as she attended the launch of her former co-star and close friend Sarah Parish's fitness centre.

Looking like she's not in much need of a work out the 42-year-old showed off her enviable figure in a suitably summery outfit as she stepped out to support on Thursday evening.



Leggy: Amanda Holden showed off her legs as she attended a fitness centre launch with Angela Griffin

Embracing the warm weather the Britain's Got Talent judge wore the tiny floral print shorts with an eye catching white top with neon pink detail.

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Amanda Holden wears SS 13 Heather top in white crepe and twill silk details in fluo pink with Juniper shorts in printed cotton.